Meeting Your Match

Cracking the code to successful relationships

MYM Worksheet 9
Life with your ideal partner

Let yourself daydream for an hour or two and create an image of your life with your ideal partner. Include anything and everything you ever wanted. What would your life include?

Use as much detail as possible. Don't limit yourself; all things are possible; and don't let your fears get in the way. Don't worry about how realistic or unrealistic your vision seems to be, let your imagination take over.

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W: http://www.IdealMatchCoachingClub.com • E: DrJackie@IdealMatchCoachingClub.com • T: 1.866.419.5928 / +1.866.419.5928