



# Meeting Your Match

*Cracking the code to successful relationships*

## MYM Worksheet 22

### *Final thoughts*

Answer these questions in as much depth as possible and with as much honesty as you can:  
What was the best idea, piece of new information or point of view you have learned from this book?

---

---

---

---

---

---

---

---

What information or point of view evoked the most emotion? Note: your emotion can be excitement, curiosity, fear, apprehension, etc.

---

---

---

---

---

---

---

---

What thoughts did you notice as you were reading the information and answering the questions throughout the book?

---

---

---

---

---

---

---

---

---

*Meeting Your Match—Cracking the Code to Successful Relationships*  
*Jackie Black, Ph.D., Relationship Expert, Author and Coach*

©2007 Dr. Jackie Black, LLC All rights reserved

<http://www.IdealMatchCoachingClub.com> is a member of the Dr. Jackie Black, LLC family of companies

W: <http://www.IdealMatchCoachingClub.com> • E: [DrJackie@IdealMatchCoachingClub.com](mailto:DrJackie@IdealMatchCoachingClub.com) • T: 1.866.419.5928 / +1.866.419.5928

What thoughts or points of view did you disagree with or offend you?

---

---

---

---

---

---

---

---

Specifically, which questions, piece of information or suggestions required you to stretch beyond your comfort zone?

---

---

---

---

---

---

---

---

What might keep you from moving forward and using the information presented in this book? Why?

---

---

---

---

---

---

---

---

If you allow change(s) to become part of your life right now, what might you lose?

---

---

---

---

---

---

---

---

---

***Meeting Your Match—Cracking the Code to Successful Relationships***  
***Jackie Black, Ph.D., Relationship Expert, Author and Coach***

©2007 Dr. Jackie Black, LLC All rights reserved

<http://www.IdealMatchCoachingClub.com> is a member of the Dr. Jackie Black, LLC family of companies

W: <http://www.IdealMatchCoachingClub.com> • E: [DrJackie@IdealMatchCoachingClub.com](mailto:DrJackie@IdealMatchCoachingClub.com) • T: 1.866.419.5928 / +1.866.419.5928

If you allow change(s) to become part of your life right now, how will you have to think of yourself?

---

---

---

---

---

---

---

---

What perceptions or beliefs about you will have to change?

---

---

---

---

---

---

---

---

If you allow change(s) to become part of your life right now, how might others think of you?

---

---

---

---

---

---

---

---

---

***Meeting Your Match—Cracking the Code to Successful Relationships***  
***Jackie Black, Ph.D., Relationship Expert, Author and Coach***

©2007 Dr. Jackie Black, LLC All rights reserved

<http://www.IdealMatchCoachingClub.com> is a member of the Dr. Jackie Black, LLC family of companies

W: <http://www.IdealMatchCoachingClub.com> • E: [DrJackie@IdealMatchCoachingClub.com](mailto:DrJackie@IdealMatchCoachingClub.com) • T: 1.866.419.5928 / +1.866.419.5928