



Meeting Your Match

Cracking the code to successful relationships

MYM Worksheet 21 ***Changing your approach***

What new awareness, recognition, belief or understanding would you like to integrate into your thinking?

What behaviors would you like to include, eliminate, change, modify or stop?

What approaches will you now consciously use to help your relationships to be richer and more rewarding?

Meeting Your Match—Cracking the Code to Successful Relationships
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