



Meeting Your Match

Cracking the code to successful relationships

MYM Worksheet 15

All about YOU comparison

If you could wave a magic wand and create a life that includes anything and everything you ever wanted, what would your life include?

What, specifically, is different?	What has changed?	What has stayed the same?

If you could imagine your life, your personal world, exactly as you want it to be, how would it be?

What, specifically, is different?	What has changed?	What has stayed the same?

Meeting Your Match—Cracking the Code to Successful Relationships
Jackie Black, Ph.D., Relationship Expert, Author and Coach

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W: <http://www.IdealMatchCoachingClub.com> • E: DrJackie@IdealMatchCoachingClub.com • T: 1.866.419.5928 / +1.866.419.5928

What activities do you love to do? What have you made a part of your life for as long as you can remember?

What, specifically, is different?	What has changed?	What has stayed the same?

What energizes you?

What, specifically, is different?	What has changed?	What has stayed the same?

What fills you with pride?

What, specifically, is different?	What has changed?	What has stayed the same?

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What experiences warm your heart and touch your spirit?

What, specifically, is different?	What has changed?	What has stayed the same?

What things must be part of your world so that you can be your best self?

What, specifically, is different?	What has changed?	What has stayed the same?

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